TIME	MONDAY- FRIDAY	Mandatory per week	WHERE	SUGGESTIONS	ALTERNATIVES	DO AFTER
9-10	WAKE-UP BREAKFAST CLEAN UP	Nightstand, breakfast clean up <b>CHORES</b>	PISD Webdesk A collection of YouTube videos	Toast, Cereal, Eggs/Bacon, Fruit cup, Nuts Berries		
11	SCIENCE & TEACHER WORK	Pick 2 from curriculum resources 30 minutes each	GOOGLE CLASSROOM <u>CURRICULM RESOURCES=</u> <u>Khan Academy</u>	Discovery Education, BrainPop	Mini Science Experiments Big Brainz Dreambox	
12	P.E.	1 hour per day can be split up. If not raining 30 min outside	YOGA FOR TWEENS	Coach Meger Tabatas Coach Pirillo Movement Activities GONOODLE activities Youtube - Just Dance Videos OPEN At Home activities	Exercise App Basketball	
1-3	SOCIAL STUDIES & READING	READ ONE HOUR + 30min curriculum resources	Pearson MyWorld myBook Student Choice Library Current Events Chrome Music Lab	Freckle Ask What if questions. Read same chapter book and ask who, what, when, where, why	Review and fill out reading strategies. VOCABULARY SPELLING	LUNCH
4	MATH	1 Math lesson + 30 min Jacob	Big Brainz Dreambox	Brother instructed 30 min	Freckle	FREE time once done
5	ART OR MUSIC	Alternate art and music for at least 30min	LUNCH DOODLES YOUTUBE	NGA Kids  "Color your world with Kindness" Handout for observational drawing practice.	drawing, coloring, crafting, cooking, play music	FREE time once done
6 on	HELP WITH DINNER & CHORES	360 of every room	All your stuff from stairs up, bathroom, work area			FREE time once done with DINNER till bedtime