**What Every Catholic Should Be Able to Answer – by Heart!**

**1. The Lord’s Prayer (Our Father)**

Our Father who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

**Padre nuestro, que estás en el cielo. Santificado sea tu nombre. Venga tu reino. Hágase tu voluntad en la tierra como en el cielo. Danos hoy nuestro pan de cada día. Perdona nuestras ofensas, como también nosotros perdonamos a los que nos ofenden. No nos dejes caer en tentación y líbranos del mal. Amén.**

**2. The Hail Mary**

Hail Mary, full of grace! The Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

**Dios te salve, María. Llena eres de gracia: El Señor es contigo. Bendita tú ere entre todas las mujeres. Y bendito es el fruto de tu vientre: Jesús. Santa María, Madre de Dios, ruega por nosotros pecadores, ahora y en la hora de nuestra muerte. Amén.**

**3. The Glory Be**

Glory be to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, a world without end. Amen.

**Gloria al Padre, al Hijo y al Espíritu Santo. Como era en el principio, ahora y siempre, por los siglos de los siglos. Amén.**

**4.** The Apostles Creed  
I believe in God, the Father Almighty, Creator of Heaven and Earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. On the third day He rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

(**Español)** Creo en Dios, Padre todopoderoso, creador del Cielo y de la Tierra. Creo en Jesucristo su único Hijo, Nuestro Señor, que fue concebido por obra y gracia del Espíritu Santo; nació de Santa María Virgen; padeció bajo el poder de Poncio Pilato; fue crucificado, muerto y sepultado; descendió a los infiernos; al tercer día resucitó de entre los muertos; subió a los cielos y está a la diestra de Dios Padre; desde allí ha de venir a juzgar a los vivos y a los muertos. Creo en el Espíritu Santo en la Santa Iglesia Católica, la comunión de los Santos en el perdón de los pecados la resurrección de los muertos y la vida eterna. Amén.

**5. The Act of Contrition**

Lord God, in your goodness have mercy on me; do not look on my sins, but take away all my guilt. Create in me a clean heart and renew within me an upright spirit. Amen.

(**Español)** Señor, ten misericordia de mí por bondad; aparta tu vista de mis pecados, borra en mí toda culpa; Dios mío, crea en mí un corazón puro, renuévame interiormente con su espíritu firme. Amén.

**6. The Ten 10 Commandments**

1. I am the Lord your God, you shall not have other gods before me. *(Yo soy Señor tu Dios; No habrá para ti ostros dioses delante de mí.)*
2. You shall not take the name of the Lord your God in vain. *(No tomarás el nombre de Dios en vano.)*
3. Keep holy the Lord’s Day. (*Santificarás el día del Señor)*
4. Honor your mother and father. *(Honra a tu padre y a tu madre)*
5. You shall not kill. *(No matarás.)*
6. You shall not commit adultery. *(No cometerás adulterio.)*
7. You shall not steal. *(No roberás.)*
8. You shall not bear false witness. *(No darás falso testimonio.)*
9. You shall not covet your neighbor’s wife. *(No desearás la mujer de tu prójimo.)*
10. You shall not covet your neighbor’s goods. *(No codiciarás los bienes ajenos.)*

**7. The Three Theological Virtues**

**Faith** - the theological virtue by which we believe God and all he has revealed as it is proposed by the Church

**Hope** - The theological virtue by which we trust God and rely on Him to provide what is necessary to obey Him and to receive eternal life

**Love (charity)** - The theological virtue by which we love God above all else and love our neighbor as we love ourselves.

**8. The Definition of the word Christian:** To be a follower of Christ

**9. The Seven Sacraments**

**Baptism** - washing clean of Original and Personal Sin, gives us new life as a Son or Daughter of God

**Confirmation** - Completion of Baptismal graces in which the person receives a special strength of the Holy Spirit to spread and defend the faith.

**Holy Eucharist**- our spiritual food, the Body and Blood, Soul and Divinity of Jesus Christ offered to us at the Holy Sacrifice of the Mass under the appearance of bread and wine

**Reconciliation** - Forgiveness of sins thus reconciling the penitent with God and the Church

**Anointing of the sick** - A baptized person who is in danger of death receives a special grace of healing and comfort and the forgiveness of the person’s sins through the anointing by a priest.

**Holy Orders -** three degrees or “orders” are conferred by the laying on of hands passing on the mission of the apostles to deacons, priests, and bishops.

**Matrimony -** Covenant of life between a man and a woman ordered to the unity of the spouses and the procreation and upbringing of children.

**10. The Two Divisions of the Bible.** Old Testament (Before Jesus’ birth) and New Testament (Jesus’ life and after)

**11. The names of the Four Gospels:** Matthew, Mark, Luke, John

**12. The definition of the word “catholic”:** Universal

**13. The Definition of the word “Saint”:** The “holy one” who leads a life in union with God through the grace of Christ and receives the reward of eternal life.

**14. The Seven Gifts of the Holy Spirit**

**Wisdom** - Seeing things as if we were using the eyes of God

**Knowledge** - God revealing Himself to us and our faith; enable us to discover the will of God in all things

**Understanding -** The application of wisdom and knowledge to our lives; enables us to know more clearly the mysteries of faith

**Counsel -** The Holy Spirit speaking to us and helping us make the right decisions; warns us of the deceits of the devil, and of the dangers to salvation

**Fortitude** - The strength necessary for courage in the long term.  The resolve to turn to good, knowing we will be protected; strengthens us to do the will of God in all things

**Piety** - Devotions we have out of love of God; loving God as a Father and obeying Him because we love Him

**Fear of the Lord -** A motivating fear that, through sin we harm our relationship with God; having a dread of sin and of offending God

**15. Define the Sacrament of Confirmation: S**acrament in which the person receives the fullness of the Holy Spirit which enables us to profess our faith as soldiers of Jesus Christ

**16. The Precepts (Laws) of the Church**

1. You shall attend Mass on Sundays and holy days of obligation and rest from unnecessary work on Sundays and holy days.
2. You shall confess sins at least once a year.
3. You shall receive Holy Communion at least during the Easter season.
4. You shall observe the days of fasting and abstinence established by the Church.
5. You shall help to provide for the needs of the Church

**17. The two great commandments**

You shall love the Lord your God with your whole heart, and with your whole soul, and with your whole mind, and with your whole strength;

You shall love your neighbor as yourself.

**18. The Mysteries of the Rosary**

*The Joyful Mysteries*

1. The Annunciation
2. The Visitation
3. The Birth of Jesus
4. The Presentation in the Temple
5. The Finding in the Temple

*The Luminous Mysteries*

1. The Baptism in the Jordan
2. The Wedding at Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration
5. The Institution of the Holy Eucharist

*The Sorrowful Mysteries*

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

*The Glorious Mysteries*

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption of Mary
5. The Crowning of Mary Queen of Heaven and Earth

**19. The four parts of the Mass**

Gathering Rite

Liturgy of the Word

Liturgy of the Eucharist

Sending Rite

**From the Faith and Life book:**

We can know that God exists by: **By both faith and reason**

What are the first six books are in the Old Testament? **Genesis, Exodus, Leviticus, Numbers, Deuteronomy, Joshua**

What is Original Sin? **The stain of sin we get from Adam and Eve**

What were the names of Adam and Eve’s oldest two sons? **Cain and Abel**

A **covenant** is an oath or promise that binds two people (or binds someone with God).

To whom did God give the Ten Commandments? **Moses**

How was John the Baptist related to Jesus? **Their mothers were cousins**

Is Jesus God, or man? **He is completely God and completely man**

All of these are an “office” of Jesus: **Prophet, priest, King**

What was Jesus’ most perfect Sacrifice? **When He died on the cross for all our sins, so we would go to Heaven**

Which are the Sacraments of Initiation? **Baptism, Eucharist, Confirmation**

Define the word sacrament: **An outward sign instituted by Christ to give grace**

What is the name of our Pope? **Francis**

What is the order of the hierarchy (“chain of command”) of the Church? (From low to high)

**Lay People, Deacons, Priests, Bishops, Pope**

What is Pentecost? **50 days after Easter, when the Holy Spirit came upon the Apostles in the Upper Room**

Who was born without Original Sin? **Jesus and Mary**

What are the deadly (capital) sins? **Pride, lust, greed, gluttony, sloth, anger, envy**

What are the signs of the sacrament of Confirmation? **Laying of hands, anointing with oil, the words, “Be sealed with the gifts of the Holy Spirit.”**

What is the first sacrament a Catholic receives? **Baptism**

How often can you receive the sacrament of Reconciliation? **As often as possible**

In ordinary circumstances, who can baptize a person? **Deacon or priest**

What does the sacrament of Confirmation do? **Increases the Holy Spirit and grace within you**

Which gift of the Holy Spirit means to be strong in the difficulty to be faithful to Christ? **Fortitude**

What is it that we receive every time we go to Communion?  **The Body and Blood of Jesus Christ**

What do we have to do before receiving Communion during Mass? **Fast an hour before going to Mass and be in a state of grace**

You **CANNOT** receive Communion if you’ve committed a mortal sin and not been to confession.

Mortal sin: **an act of disobedience to the law of God in a serious matter, done with full knowledge and conscious consent**

Examination of conscience is **thinking about our sins, so we can do better to avoid them, and prepare for Confession**

What kind of sacrament is Reconciliation? **A sacrament of healing**

**Anointing of the Sick** is the sacrament given to people who are gravely ill to strengthen then physically and spiritually

Who is in charge of a diocese? **A bishop**

A Catholic person can only marry another Catholic. a. True  **b. False**

Who instituted the sacraments?  **Jesus**

As Catholics, do we worship Mary? Why or why not? **No because she is not God, but we do venerate (honor) and respect her.**